



Retina Consultants of Texas

MAIN OFFICE/RESEARCH
4460 BISSONNET STREET, SUITE 200
BELLAIRE, TX 77401
P. 713.524.3434
F. 713.513.5613
retinaconsultantstexas.com

POST THE AMSLER GRID IN A PLACE WHERE YOU WILL SEE IT
FREQUENTLY, SUCH AS ON A REFRIGERATOR OR
A BATHROOM MIRROR.



HOLD THE GRID AT A COMFORTABLE READING
DISTANCE—ABOUT 14 INCHES AWAY.



IF YOU NORMALLY WEAR GLASSES OR BIFOCALS TO READ,
PLEASE WEAR THEM WHILE CHECKING THE AMSLER GRID.



COVER ONE EYE AND FOCUS ON THE BLACK DOT IN THE
CENTER OF THE GRID. THE LINES SHOULD ALL LOOK
STRAIGHT AND THE BOXES SHOULD LOOK SQUARE.



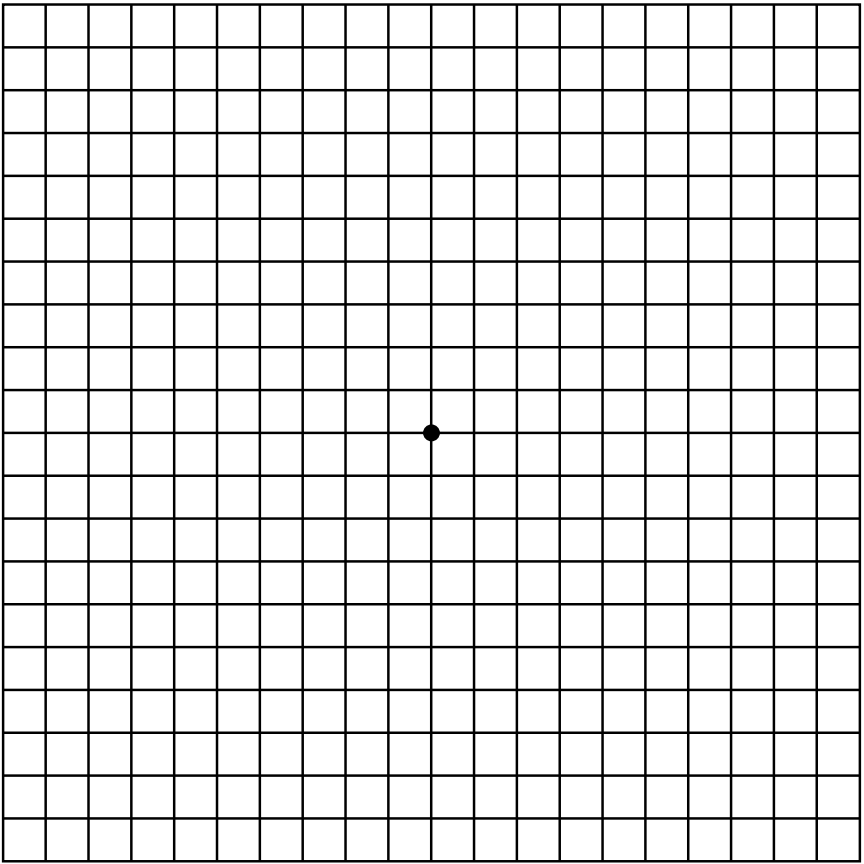
NOTE ANY VISION CHANGES SUCH AS A DARK SPOT
OR WAVY LINES.



REPEAT THESE STEPS WITH THE OTHER EYE.



IF YOU NOTICE A NEW AREA OF DISTORTION OR A DARK SPOT,
CONTACT YOUR EYE DOCTOR.



Retina
Consultants
of Texas

P. 713.524.3434

F. 713.513.5613

retinaconsultantstexas.com